

“Enough to satisfy your hunger without the need for a nap under your desk”

Tiffin Tasters - Lunch Menu £9.95

The word 'Tiffin' is generally used in the Indian sub-continent for light lunches or an in-between meal snack. A common approach to this is to fill the tiffin boxes with light snacks, prepared for working Indian men by their wives after they have left for work, and forwarded to them by Tiffin Wallahs. In parts of the sub-continent most road-side restaurants will have a board displaying 'Tiffin Ready'. Here at ZARI we have taken the 'Tiffin' concept to prepare delicious hot Indian food for you to enjoy at lunch time at the restaurant without denting your pocket.

Please choose:

1 item from the Chats and Light bites: 1 item from either Tandoori Grill Wraps OR Grill Platters
1 item from Rice OR Mini Nan : 1 item from Chicken Curry OR Lamb Curry OR Vegetable Curry

Chats and Light Bites

Aloo Papdi Chat

Potatoes, chickpeas, onions and crunchy Indian crisps in yoghurt, tamarind sauce, mint and coriander chutney

Chicken 65

Crispy brochette of chicken in corn flour, ginger and ground spices
A very popular South Indian snack

Meat Samosa Chat

Spicy samosa topped with chickpeas, yoghurt, tamarind sauce and coriander chutney

Vegetable Samosa Chat

Spicy samosa topped with chickpeas, yoghurt, tamarind sauce and coriander chutney

Chicken Tikka Assortment

Combination of chicken, cream cheese and fresh green herbs and spices

Vegetable Tempura Basket

Assorted vegetable chunks in tempura batter with Indian spices

Chilli Paneer

Home-made paneer chunks tossed in Indo-Chinese spices



Grand Finalist

Tandoori Grill Wraps

Chicken Tikka

Succulent chicken tikka with roasted green peppers, tomatoes and onions in freshly made wafer thin roomali roti wraps – the authentic style

Sheek Kebab

Succulent Sheek kebab with roasted green peppers, tomatoes and onions in freshly made wafer thin roomali roti wraps – the authentic style

Paneer Tikka

Fresh paneer tikka with roasted green peppers, tomatoes and onion in freshly made wafer thin roomali roti wraps – the authentic style

Chicken Tikka and Halloumi Quesadillas

Warm chicken and cheese filling in roomali roti served with fresh salad

Grill Platters

Kebab Tasting Sampler

Combination of meat and chicken kebab grill

Vegetarian Tasting Sampler

Combination of grilled paneer and fruit kebab

Rice/ Nan /Curry

Pilau Rice Or Mini Nan

Chicken Curry OR Lamb Curry Or Vegetable Curry



In celebration of being GRAND FINALISTS of Sussex Food and Drink Awards

